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PUBLISHER'S NOTE

HELLO AUGUST

We know it, and you know it: There's something special about living in Huntington Bay. Maybe it's the soothing proximity to the water or the wealth of activities available in our vibrant community. Above all, it's the exceptional neighbors who make this place truly remarkable. Thank you all for contributing to what makes Huntington Bay such an amazing place to call home!

In this month's cover story, we introduce you to Jack McLean, a distinguished United States Marine Corps veteran and celebrated author. Jack's acclaimed companion best sellers, *Loon: A Marine Story* and *Found: A Veteran Story*, capture his inspiring journey and resonate deeply with readers.

Our Ask The Expert feature brings insights from board-certified Plastic Surgeon Dr. Christine Blaine, who explores Cutting Edge Weight Loss Without the Cut, offering valuable perspectives on modern wellness approaches.

Inside Caumsett this month, we delve into Caumsett on Film, presenting captivating narratives that illuminate the rich history of this unique place. These films promise to deepen your appreciation and understanding of Caumsett's legacy.

As summer beckons, we invite you to join us for upcoming family-centered events in the community. Save the date for the Huntington Lighthouse's MusicFest on September 1st, a perfect way to close the season with unforgettable music and community spirit.

Health & Wellness takes center stage with Helen to the Rescue, where we discuss the Benefits and Drawbacks of Spray Sunscreen—a must-read for enjoying our sunny days responsibly. Don't miss Piper and his dog sister Lucy, our beloved Huntington Bay Buddies, sharing their adventures around town.

In History Corner, dive into Promoting Long Island: The Art of Edward Lange, 1870-1889, curated by resident historian Robert "Toby" Kissam. This exploration of local artistry enriches our understanding of Long Island's cultural heritage.

For those who relish culinary delights, discover our Resident Recipe: Summer Happy Hours by the Beach. Indulge in innovative martinis and tantalizing tapas—perfect for seaside soirées with friends and family.

Lastly, our Book Review feature presents *Unfinished Love Story: A Personal History of the 1960s* by Doris Kearns Goodwin, reviewed by Janice. This insightful memoir transports readers to a transformative era and offers reflections on love, history, and human connection.

We are grateful that you choose to spend time with us each month, exploring the stories and voices that define our community in the pages of Stroll.

Until next month,

Alberto & Linda



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SUMMER HAPPY HOURS BY THE BEACH

Who doesn’t love happy hour? Summertime, at the beach is ideal for an innovative martini paired with tapas. Flatbreads are always enjoyed by everyone. Be creative with your cocktail and your flatbread choices.

BY JANET VITIELLO, RESIDENT CHEF



Here are a few favorites of mine. **MARTINIS:** Ice your martini glass – better to put several cubes in the glass to get it fully chilled. Shake your martini ingredients in a shaker with some ice; you don’t want to keep the ice too long in the shaker and dilute the alcohol. Empty the glass of the ice, shake it up and pour. Garnish with a fruit (lime, lemon, orange peel, cucumber or olive – blue cheese olives are a special touch)

- Cool as a Cucumber:**
Crop organic cucumber vodka, jalepeno & lime
- Sex in the City Cosmo:**
Titos vodka, Cointreau, cranberry juice & lime
- C’est La Vie French:**
Grey Goose vodka, Chambord, pineapple juice, topped with champagne
- The Original Manhattan:**
Bourbon, Sweet Vermouth, Angostura bitters and a black cherry

FLATBREAD RECIPES:

There are many varieties; flatbreads are a craze. I use an all natural pizza crust packaged in two by Brooklyn Bred. Two come in a package; they are light and not too thick or not too thin. You can use other choices, naan, pizza dough are just two more ideas. I bake at 425 degrees and lightly toast each side.



- Mozzarella & tomato & basil – topped with arugula:**
- Fresh mozzarella cubed with grape or cherry tomatoes sliced in half and fresh basil. Drizzle with olive oil, cracked pepper, and if desired, sprinkle with grated parmigiana cheese.
 - Put back in the oven for a short while to melt the cheese.
 - Before serving, toss some arugula lightly with balsamic vinegar and place on top.

- Gorgonzola with figs, prosciutto and red onion:**
- Use crumbled gorgonzola cheese and spread on the flatbread. Slice fresh or dry figs in small pieces and place on the flatbread. Chop some red onion and add. Fresh basil is also a nice touch. Drizzle some olive oil and add cracked pepper.
 - Put back in the oven for a short while until the cheese is melted.
 - Before serving, add imported prosciutto to the top and serve. You may want to drizzle with balsamic.



Janet Vitiello has lived in Huntington Bay for 24 years. She loves entertaining, cooking, wine pairing - “Food warms the heart.” Enjoys boating, travel, tennis, pickleball, golf, and bocce. Married for 38 years to Vince, mother of two sons, Matthew (33)(†) and JonPeter (29). Janet has a BS in Management and an MBA in Marketing. Visit her website at www.jvsimpatica.com



The benefits and drawbacks of spray sunscreen

SPRAY SUNSCREENS FEEL LIGHTER on the skin, are easier to apply, and have the same active ingredients as lotions, so one would assume that if used correctly, they would be just as effective. If you think just a few haphazard spritzes will provide adequate protection against the sun’s harmful rays, think again.

Apply sunscreen as part of your daily healthy habits. It helps prevent sunburns and protects your skin from long-term sun damage, which can cause wrinkles and sunspots. Sun damage also raises your risk of skin cancer, the most common form of cancer in the US.

Spray sunscreens are so easy; they let you target large swaths of the body, including hard-to-reach spots like your back and the crown of those whose heads are follically challenged. However, spray sunscreens can pose some challenges. For example, it’s difficult to tell if the sunscreen is evenly distributed. When you apply it on a windy day, more might float into the air than onto your body. There’s always a risk of missing spots. With lotions, you can see where it’s going.

Many popular products also contain flammable gases like propane, butane, or isobutane, which propel the sunscreen onto your skin and could pose a burn hazard if applied or worn while smoking or near an open flame. Some spray sunscreens also contain alcohol, which can irritate and dry out the skin.

According to the American Academy of Dermatology, you need about an ounce of sunscreen to cover your entire body. This amount (about a shot glass’s worth of sunscreen) can be hard to gauge with a spray, so the academy recommends holding the nozzle about an inch from your body and spraying until your skin glistens.

Remember often-overlooked areas like your feet, ears, neck, hands, and scalp. Reapply all varieties of sunscreen every two hours or more frequently if you’re swimming or sweating.

Be careful not to inhale spray sunscreen. Apply it to your hands first and then rub it onto your face. The Food and Drug Administration recommends not leaving sunscreen in direct sunlight because it can reduce its

effectiveness. Instead, keep the containers in the shade or wrapped in a towel.

Double check the expiration date on sunscreen, which is required by the F.D.A., and toss it if it’s expired since it’s likely no longer effective,

The best sunscreen is the one that you will *actually* use, so choose any product you like. If that’s a spray sunscreen, go for it, as long as it’s rubbed in and the application is even.


2 signs you need sunscreen: you have skin, and you’re alive

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The Board of Trustees of The Heckscher Museum and the Co-Chairs of the 2024 Celebrate Achievement Benefit are proud to recognize three remarkable individuals who exemplify the spirit of education, inspiration, and community outreach central to the Museum's mission.



ROBERT C. HUGHES is the Huntington Town Historian, an author, and a dedicated leader in the community. As Town Historian, Robert serves as secretary to the Huntington Historic Preservation Commission and

the African American Historic Designation Council. He works with all Town heritage organizations to assist them in achieving their missions of preserving and sharing Huntington's history. Robert is President of the Huntington Rural Cemetery Association, Inc. and serves on the boards of the Van Wyck-Lefferts Tide Mill Sanctuary, Cold Spring Harbor Library, and Friends of the Coltrane Home in Dix Hills. Along with his wife, Priscilla, Robert is a longstanding member of the Museum and generous sponsor of various Museum exhibitions and initiatives, including the newest exhibition, *George Grosz: The Stick Men* and the upcoming *The Sculpture of Emma Stebbins*.



KASMIRA MOHANTY is an educator, writer, and artist who has spent the last three decades straddling, amalgamating, and pushing the boundaries between traditional and digital art making. She has taught digital arts at

Huntington High School since 2001 and is an Executive Board Member of the Huntington Arts Council and Suffolk County Art Leaders Association. Kasmira received national attention when she became a writer and contributing editor for *SchoolArts Magazine*. Among other exhibitions, her artwork has been

exhibited in the *Long Island Biennial* twice, receiving a Merit Award 2022. Her dedication to the arts and education has led to a productive and cherished twenty-four-year relationship with the Museum. Kasmira's students have followed in her footsteps, receiving numerous accolades through the *Long Island's Best* program, illustrating her lasting impact on budding young artists.



HAN QIN is a visual artist, curator, and researcher committed to exploring and challenging biases in public art through digital installations, print media, and curation, all approached with a journalistic sensibility. She earned her B.F.A. and M.F.A. in Printmaking from the esteemed China Academy of Art and

an M.F.A. in Digital Arts from Pratt Institute. Currently, Han shares her expertise as a Chancellor Award Adjunct Professor in the Art Department at Stony Brook University. Among her many collaborations with the Museum, Han was an integral

leader in presenting the dynamic multimedia art, light, and sound display *Illuminations 2023: The Many Faces of Home*, which included her animated film projection titled *HOME*. Han is a *Long Island Biennial* exhibiting artist, and the Museum is proud to have her artwork as part of the permanent collection.

Proceeds support The Heckscher Museum of Art's exhibitions and programs. The Benefit is inspired by the upcoming exhibition *Berenice Abbott: Photographs from the Collection*.

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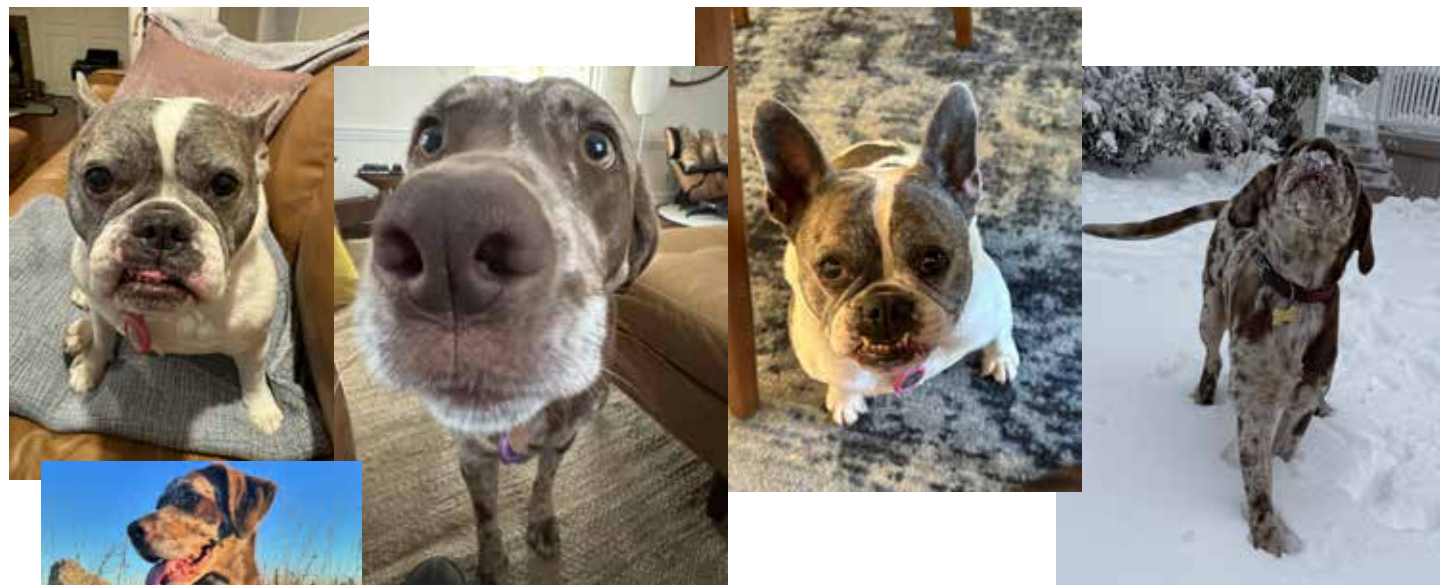
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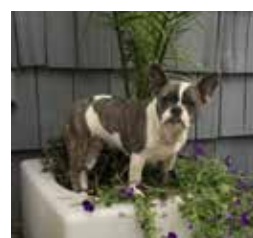
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The treat jar



PIPER:

It was a queer sultry summer, the summer they electrocuted the Rosenbergs, and I didn't know what I was doing in Wincoma. My human dragged me here after several years on the

run. First, we had a small apartment, then a small house, where Lucy joined us, and finally, we went to Wincoma. They say Wincoma means "a beautiful place." Ok, they're right, this place is beautiful, but our old yard was bigger. There was more to smell and more places to defecate. I guess this shall do... for now. Lucy is my sister. I didn't ask for her. I wasn't lonely, but assumptions were made, and one day she appeared. She is stupid, but she is kind. She gets by on her looks.

Me, I have to be smart. Sure, I'm cute, but I sleep with my tongue out and my legs are short. I can't leap downed trees and swim through swollen creeks. My talent is flatulence, and with that wind, I excel.

I can't walk as far or as long as Lucy, so my trips are shorter. Sometimes, just a circle around the block. That suits me just fine. There are plenty of flowers to sniff and spots to mark close to home. A fig tree nearby would be nice. I'll suggest that to the human. He likes to garden and is easily manipulated.



LUCY:

People, please – don't listen to Piper. We love it here. The house is great, the yard is great, the human is loving and attentive, and ... SQUIRREL!

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Promoting Long Island

The art of Edward Lange, 1870-1889

BY ROBERT “TOBY” KISSAM, RESIDENT HISTORIAN

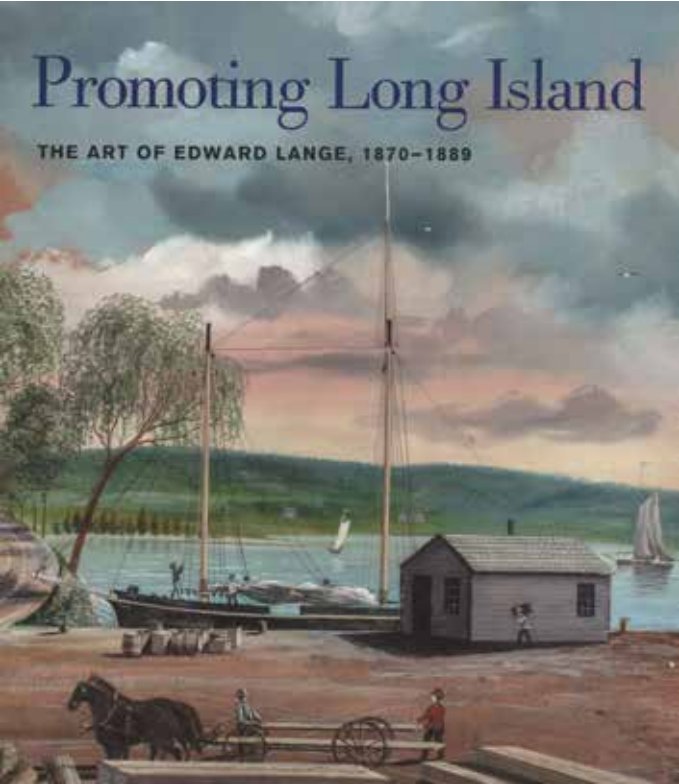
This latest publication of Preservation Long Island (PLI) explores the life of Huntington artist Edward Lange (1846-1912) and will be available in September of 2024. The book has been edited by Lauren Brincat (Director of Collections and Chief Curator at PLI) and Peter Fedoryk (a former Curatorial Fellow at PLI and currently a PhD student at the University of Delaware) and features over 100 color images of late 19th century Long Island.



An exhibit that opens on August 16th and runs through December 1st at PLI's Cold Spring Harbor Gallery will introduce visitors to this important documenter of Long Island and Huntington's history. Readers of this column will recognize many of his landscape paintings from previous articles written in this space.

Lange lived in the Elwood area of Huntington for the better part of two decades and although he bought a farm on what today is Cedar Road, he had grown up in a family of artists in his native Germany and soon reverted to his inherited talents. Two local Comac families, the Burrs, famous in the horse training business, and the Buffetts (ancestors of Warren Buffett), who also had a farm on Cedar Road, quickly became patrons, and many of his paintings were done for those families. Other paintings included properties owned by the Sammis, Scudder, Gardiner and Conklin families to name a few. He painted very detailed farm scenes that seemed to always include a horse & buggy, and wherever possible, he would include a puffing locomotive of a LLIR steam engine.

But Lange was more than a watercolorist; he truly was an entrepreneur who learned photography and used his art to promote Long Island. He composed collages of his paintings and sold photographs of them to promote the boarding houses of Centreport, the hotels



The book cover of Promoting Long Island – The Art of Edward Lange, 1870-1889; release date September 2024. Image on the cover: Thimble Factory, Northport by Edward Lange 1880.



Established by the Sellicks in the 19th century, this farm joined the Cartledge Estate in the 20th. Lange painted it in 1880 during Sammis Family ownership. Now part of Huntington Bay Hills, the barn shown is today a house on Shore Road (Huntington Historical Society Collection).

in Cold Spring Harbor and the villages of Huntington and Northport. He painted businesses, like the Brown Brothers Pottery on the East side of Huntington Harbor. He

would also use his paintings to memorialize events in town, like the USS Vandalia's visit to Huntington Harbor in 1881. The Commander of the vessel was Captain R.W. Meade, who



Reuben Scudder owned this house and barn complex that was located diagonally across from the Huntington Historical Society's David Conklin Farmhouse, at the northeast corner of New York Avenue and Fairview Street (Collection of the Huntington Historical Society).

had a home on East Shore Road and was the son-in-law of Admiral Hiram Paulding of Lloyd Harbor.

The June 17, 1881 issue of *The Long-Islander*: “E. Lange, the well-known artist, has just completed a beautiful crayon sketch of Centerport Harbor, which is very true to the original. He has also been working



This is a collage of Huntington Village that Lange painted and then photographed to be sold to promote Long Island that was mentioned in the June 17, 1881 Long-Islander article. In the original painting, he wrote “Photo from Original Drawing by Edw. Lange. Elwood, Suffolk Co., NY 1881” (Collection of the Huntington Historical Society).

on a view of Northport Harbor and will soon commence a drawing of Huntington Harbor. These are all to be photographed and copies offered for sale. Our villagers should buy these photographs freely and give them to their city friends. There could be no better advertisement for these beautiful villages and their surroundings.”



Lange loved to include steam locomotives and farm wagons in his paintings. This is part of a Lange painting of the Charles Gardiner Farm which was located just south of the LIRR and west of Park Avenue on 5th Street (Collection of the Greenlawn-Centerport Historical Association).

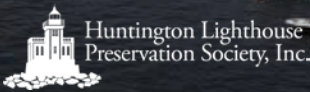
Robert “Toby” Kissam currently serves on the following Boards: Huntington Historical Society, Preservation Long Island, Van Wyck-Lefferts Tide Mill Sanctuary. He is also a commissioner on the Town of Huntington's Historic Preservation Commission.

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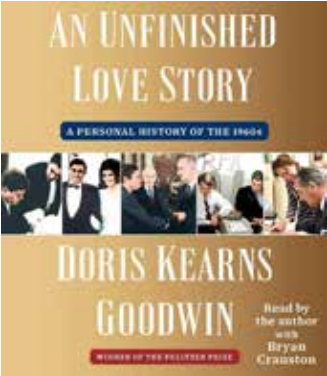
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Unfinished Love Story: A Personal History of the 1960s

By: Doris Kearns Goodwin

BY JANICE SCHILLIG, RESIDENT CONTRIBUTOR



DORIS KEARNS GOODWIN is an American biographer, prolific historian, and political commentator. She is particularly known for her biographies of numerous U.S. presidents, including Lincoln, Taft and Roosevelt. In 1995, she won the Pulitzer Prize for History for “No Ordinary Time: Franklin and Eleanor Roosevelt: The Home Front in World War II”.

In 1975, Doris Kearns married Dick Goodwin, an American writer, presidential advisor and speechwriter. “An Unfinished Love Story...” is a beautifully written historical story of their journey together in Washington during the 1960s until her husband died in 2018.

The author skillfully reveals and engages the reader with colorful details of what it was like to work in Washington, D.C., during the tumultuous 1960s. Doris and Dick were married for forty-two years and married to history even longer. At the young age of twenty-eight, Dick was considered a brilliant rising star serving President John Fitzgerald Kennedy. Goodwin was the architect who helped JFK launch the New Frontier - a comprehensive set of promises and legislative agenda aimed “to get the country moving again.”

A few years later, Dick went on to serve Lyndon B. Johnson as his senior speechwriter and introduced Johnson’s “Great Society.” He also became a close ally and advisor to Robert F. Kennedy. Doris was a twenty-four year old graduate student when she was selected for a White House Fellowship position. She was assigned to work directly for LBJ. Later, she assisted him in writing his memoir.

“An Unfinished Love Story” was written to document the achievements and failures of the Presidents that Dick and Doris served. They decided to join forces and memorialize their respective experiences during the conflicted 1960s and the tragedies of 1968.

This is a heartfelt reflection of two people who loved each other but were conflicted for years over their opinions of the men they worked for. While Dick’s loyalties were with the Kennedys, Doris had loyalty, love and respect for Johnson. Together they opened over 300 boxes of diaries, documents and memorabilia that Dick had saved for over fifty years. Their project gave Dick’s last years renewed purpose and determination. It also gave them an opportunity to make a fresh assessment of some of the most memorable leaders of our time – John F. Kennedy, Martin Luther King Jr, Robert Kennedy, Eugene O’Neil and Lyndon Johnson.

Writing this story renewed their old dreams and hope that our youth today will carry forward this unfinished love story with America.



Janice Schillig has lived in Huntington Bay for over 25 years and is a recently retired Marketing Executive, UBS Wealth Management. She loves reading, walking, yoga, boating and time with her family & friends on Nantucket. Married for 42 years to Kim and has 2 children, Caitlin & Patrick. Janice is a proud VILLANOVA Wildcat, Class of 1977!!



Board-Certified Plastic Surgeon DR. CHRISTINE BLAINE

Cutting edge weight loss without the cut

Losing weight is tough. For many, willpower alone is not enough. With the explosive media attention on a new arsenal of highly effective weight loss injectable medications called GLP-1 receptor agonists Ozempic (wegovy) and Mounjaro (Zepbound), we sat down with Board-Certified Plastic Surgeon Dr. Christine Blaine to shed some light, and pounds, on the subject.

Q: WHAT ARE GLP-1 RECEPTOR AGONISTS, AND HOW DO THEY WORK?

A: GLP-1 is a hormone that your small intestine makes. It triggers insulin release from your pancreas, lowers glucose (sugar levels), slows digestion, and acts on areas of your brain that register hunger and satiety. GLP-1 medications are designed to mimic those natural functions and induce a feeling of fullness. The pharmaceuticals were initially intended to treat diabetes, but the weight loss benefits have been a clear breakthrough.

Q: HOW DOES YOUR OFFICE ADDRESS A CLIENT’S INTEREST IN WEIGHT LOSS THROUGH INJECTABLES?

A: We take a medical history to understand any health challenges. We draw blood and weigh the patient on a special scale for body composition analysis (measuring body fat, muscle, and cellular water). If the blood results are within normal limits, we can decide which medication to prescribe and connect you with a nutritionist. In general, we like to use dual receptor drugs such as Mounjaro (Zepbound) which we believe produce a better weight loss outcome.

Q: WHAT ELSE SHOULD THE PATIENT KNOW ABOUT OR DO BESIDES THE INJECTABLE?

A: Even with the injectable, there is no magic bullet for weight loss. The patient still has to make lifestyle changes through diet and exercise. Injectables are self-

administered once a week (subcutaneously) in the fatty tissue of the stomach, back of the arm, or thigh. Patients usually continue on a maintenance dose after reaching their weight loss goal.

Q: CAN WEIGHT LOSS CAUSE SAGGING SKIN?

A: With any weight loss program, the idea is to lose weight slowly and steadily. In any case, if you lose a large amount of weight, you will probably have some loose skin. We are seeing many people coming in having lost 40, 50, or 60 pounds and want everything from tummy tucks to breast lifts. A less extreme modality is a relatively newer technology called Body Tite or Renuvion (both skin-tightening devices that use radio frequency). Additionally, other modalities can be started while losing weight to help tighten the skin, such as Emsculpt and Evolve X transform Radiofrequency. These minimally invasive procedures tighten, and lift lax skin of the face, neck, chest, breasts, arms, abdomen, and thighs without the scalpel or scar.

Q. WHAT ARE THE POTENTIAL BENEFITS OF GLP-1 AGONISTS BESIDES REDUCING WEIGHT?

A. Studies show that GLP-1 agonists lower blood sugar levels and may have other potential benefits, from lowering blood pressure and improving lipid disorders to reducing heart and kidney disease. Plus, looking, feeling, and functioning at your very best instills a sense of self-confidence.

To learn more about GLP-1 injectables and other self-improvement options, go to www.blaineplasticsurgery.com





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MEET Veteran JACK McLean

Patriotic Memoirs of Loss and Found

BY JEAN DANIELS, CREATIVE WRITER

Huntington resident, United States Marine Corps Veteran, and Author Jack McLean was born in Huntington Hospital before his family moved from Northport to Summit, New Jersey, where he was raised. “It was the 1950s, and I grew up in a very ‘Ozzie and Harriet’ kind of way,” he says. “I learned to swim at the YMCA, had a paper route, and biked back and forth to school.” Today, he is hailed for his acclaimed companion best sellers, *Loon: A Marine Story* and *Found: A Veteran Story*.

The end of WWII heralded in the middle and upper-middle-class nuclear families. They were the GI Generation who fought in World War II. Patriotism and commitment to family and work were key tenets. “Most of our fathers served in the military, as did our teachers and many of our older brothers,” says Jack. “I was brought up with the idea of service. You know, patriotically, as most kids were in the 50s.”

Jack’s picture-perfect adolescence took a turn when he followed in his father’s footsteps and entered ninth grade at Phillips Academy in Andover, Massachusetts. Future President George W. Bush was a fellow student. “I struggled from the start,” he says. “Socially, I did well. Academically, I was not prepared.” It took him five years to graduate, and he was not accepted into his preferred colleges. “I think I was exhausted academically and decided I didn’t want to go to college immediately. But there was a draft, so if I was healthy and not in school, I’d have to serve in the military.” The Marine Corps was the only service branch with a two-year program, so as radical and crazy as it seemed, with all the sense that God gave 18-year-old boys, I enlisted, to the stunned disbelief of classmates, faculty, and family.”

Jack arrived at the Marine Corps Parris Island boot camp in South Carolina a month after graduation. By the time he graduated in October, the Vietnam War had heated up. “When I left Parris Island, it was no longer a matter of if you were going. It was a matter of when you were going. Seventy-five percent of my platoon headed directly to Vietnam. While I was assigned to supply school stateside. I knew that would likely change.”

A year later, as the Vietnam War peaked, Jack was retrained at Camp Pendleton, California, and assigned to Charlie Company in the northernmost reaches of South Vietnam. His tour climaxed in a horrific three-day battle for Landing Zone Loon in June 1968, where 40 of his fellow Marines were killed and over 100 others were wounded. He remembers the time between settling into blood-encrusted helicopter seats from previous passengers in route to Loon and his return post-battle to collect the remains of fellow soldiers.

As he writes in *Loon*, “During the ensuing battle and the others that followed, I was confused, disoriented, and scared to death – every time – but I was never alone...There is no challenge too great, no night so dark that the presence of another Marine – past or present – fails to give me the courage and faith that together we are capable of anything.”

His autobiographical narratives skillfully weave a backdrop rife with the anti-war movement, campus protests, and political assassinations. Jack returned home six weeks later to a country largely ambivalent to his service. He was accepted to Harvard while in Vietnam and became the first Vietnam veteran to walk its halls. The war claimed the lives of more than 58,000 service members and wounded more than 150,000. Vietnam was a lost war. Its veterans represented something many Americans would rather not accept: defeat.

For the men who served and survived, coming home presented new trauma. “Nobody wanted to talk about it. I didn’t want to talk about it,” says Jack. “If you were a Vietnam veteran, then you were The War.” Jack’s emotional buildup became self-evident in the

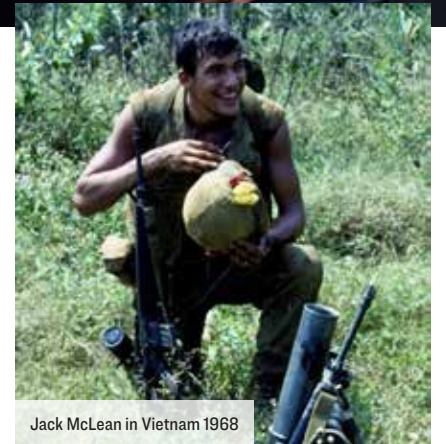
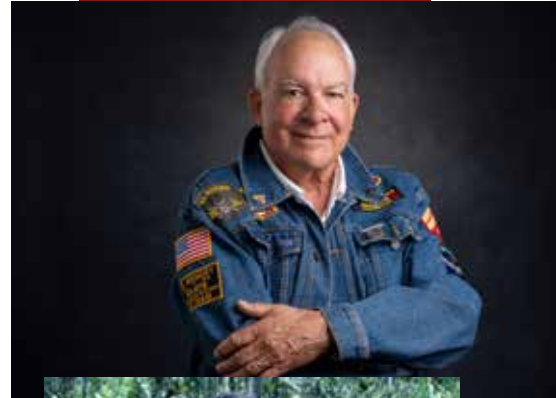
years after his return. “Increasingly, I thought I needed help. I wanted to talk to somebody who’d experienced the horrors of war, and I couldn’t find anybody who might fill the bill. I had gone to the VA and VFW to get help, but they didn’t want to see me. They were largely made up of WWII and Korea guys. All the service organizations were systematically unaccepting of Vietnam veterans. So, like most of us, I buried it deep down for almost 30 years.”

Jack graduated from Harvard, got married, had three daughters, and for the first two decades, was, by all appearances, doing well. “All the while, though, I was on a low boil. One day, my 8-year-old daughter returned from a visit with her mother to Washington, where The Vietnam Memorial had just opened. She took a rubbing from the wall of the name of a buddy of mine who had been killed in country. It was stunning. I never thought there would ever be a memorial to us. I knew that I could not keep the experience buried any longer.”

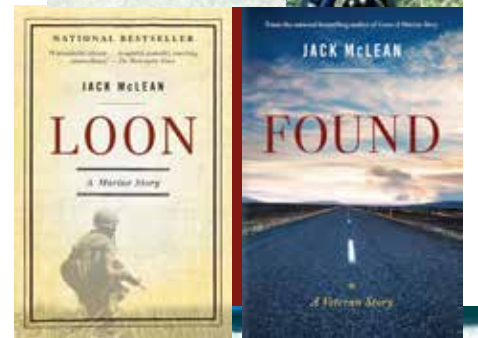
Until then, Jack had not talked to any Charley Company survivors. “I had nightmares and flashbacks but never talked to anyone who really knew what happened. I finally ran down my company commander, Bill Negron. He had saved our lives in that battle and received the Silver Star. Then we slowly connected with more people and found we weren’t alone. Nobody had been talking to anybody. And here we were, decades later, finally able to sit down together and just let it all out. It was amazingly cathartic.”

From boot camp until the end of his tour, Jack wrote 110 letters home and amassed 300 photos. *Loon: A Marine Story* is an engrossing and passionate story chronicling his experiences and perspectives—a memoir that could finally be shared after being buried in his soul for so long. In addition to being a National Best Seller, it earned a place on the Official Marine Corps Reading List.

Found: A Veteran Story encapsulates his post-war civilian life. The pages detail his struggles with PTSD and Agent Orange, the slowly changing attitudes of American society towards Vietnam veterans, his experience with the VA, and reuniting with his brothers in arms. “I attribute my recovery to three things:



Jack McLean in Vietnam 1968



Jack McLean
with wife Nina
in Carmel, CA
2021

“Semper Fidelis, Latin for ‘Always Faithful,’ is the motto that distinguishes the bond developed and shared between Marines.”

– THE UNITED STATES MARINE CORPS

The dramatic change in the VA over the years, which has led to the extraordinary mental and physical care I've since received. Getting back in contact with my former buddies like Bill Negron. And the heartfelt connection, decades later, that I made with the fractured family of my good friend Tom Morrissey, who was killed on Loon, leaving behind a wife and 14-month-old son."

Today, Jack and his wife, Nina, live in Huntington. He has three daughters from his former marriage, Sarah, Martha, and Sylvia, and seven grandchildren. "I am forever grateful to Bill Negron for saving my life and the lives of my fellow Marines that day on Loon," Jack says. "I have met many readers at book events who claim to have been touched or helped by my stories. My hope is to create a screenplay from the two books. They fit together like hand in glove, peas and carrots, and lost and found."

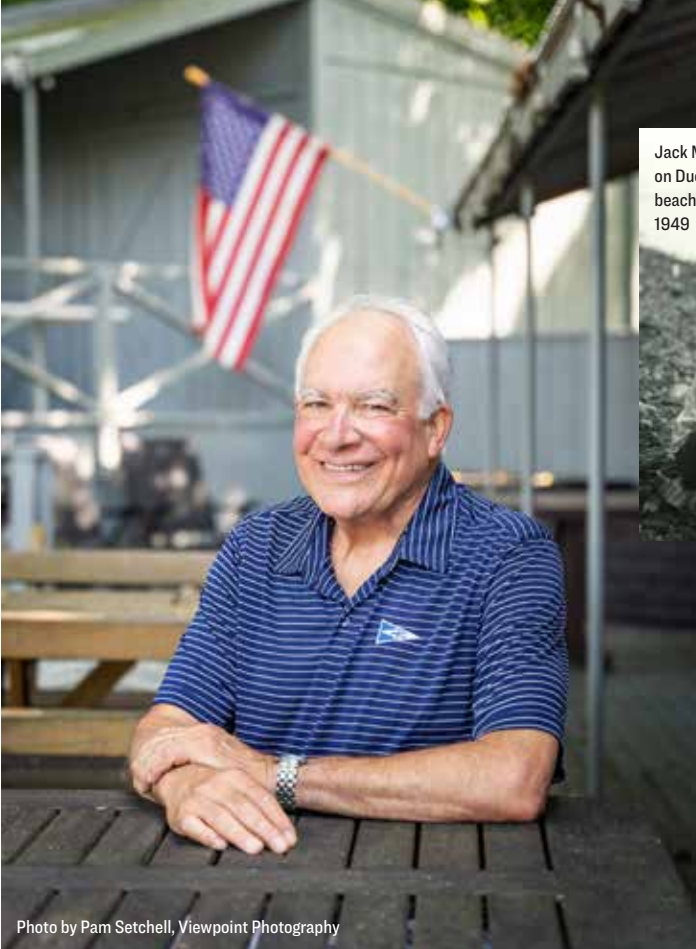


Photo by Pam Setchell, Viewpoint Photography



Jack McLean on Duck Island beach circa 1949



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INSIDE CAUMSETT



Cathie Wardell, Caumsett Foundation Grant Chair, Kathryn Curran, Executive Director, Robert D L Gardiner Foundation and Janet Barone, Foundation President



Professional film crew at work interviewing "Alfie" Kuntz



Alfred Kuntz, the last living employee of Marshall Field III

an Indigenous settlement to a large farm with enslaved and free workers, to pastureland, to a vast Gilded Age estate. The three-minute film will connect the viewers to the story of dairy farming at Caumsett, presenting the immigrant dairy workers, the nationally ranked Guernsey herd including the beloved "Elmer the Bull", the rich and creamy milk produced, and how it was bottled and distributed. Americans from all backgrounds continue to consume dairy products, but fewer and fewer people on Long Island understand the process of "cow to table". The awe-inspiring Caumsett Dairy Barn will also play a role in the film. This film will be shown in the Park's upcoming new museum, the Dairy Barn Interpretive Center. The films will include a historical archive of maps, drawings, documents, and contemporary photographs and stunning images filmed by award-winning producers.

Although a large portion of the grant will fund these two films, the plan also includes a budget for display screens, audio technology, photography and equipment. We will post both films on the Foundation's website, and to use short clips for social media outreach. It is vital that we continue to reach our new audiences so they feel welcome and included at Caumsett. Film gives us the opportunity to re-language these films into Spanish, Korean, Chinese, and Gujarati, or at the very least, provide captioning.

The two films clearly reflect the Foundation's mission by promoting education and appreciation of this special site. The existing park visitor kiosk whets the appetite with an overview of the diverse aspects of the Park.

Caumsett on Film

These two films will present the fascinating stories about Caumsett's unique history, enhancing the understanding and appreciation of all who visit.

BY JANET BARONE AND LIBBY O'CONNELL

THE CAUMSETT FOUNDATION is pleased to be a recipient of a Robert David Lion Gardiner Foundation grant for the production of two films covering Caumsett's diverse social and agricultural history. The first will present an historical overview of Caumsett from the Indigenous American inhabitants to the present. The other, shorter film will focus on the Caumsett Dairy operation and its famous cows.

The films will reach our newly expanded audience, composed not only of our long-term township residents but also families and individuals from all over Long Island and New York City who "discovered" Caumsett during Covid and have continued to visit our beautiful Park. The seven-minute film will provide an effective platform for reaching all our visitors, telling the richly diverse history of Caumsett on-site. It will be shown in our Park kiosk, on the Foundation's website, social media, and other outlets. The majority of our visitors have little knowledge of the evolution of this site from

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This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional.

Address	Neighborhood	List Price	Sale Price	DOM	Beds	Baths	Under Contract
100 Crescent Beach Drive	Huntington Bay	\$2,000,000		40	3	2.5	UC
10 Chapin Place	Huntington	\$950,000		9	3	2	UC
29 Maxwell Court	Huntington	\$699,000		18	3	2	UC
317 Bay Avenue	Huntington Bay	\$1,799,900		14	3	2.5	UC
19 Northwood Circle	Halesite	\$664,900		67	3	2	UC
70 Bay Drive E	Huntington	\$1,350,000		13	4	2.5	UC
8 Northwood Circle	Huntington	\$999,000		9	4	2.5	UC
29 Crescent Beach Drive	Huntington	\$1,150,000		49	4	3	UC
84 Bay Drive East	Huntington	\$1,359,000		10	4	4.5	UC
12 Lecluse Lane	Huntington Bay	\$922,000		130	4	2	UC
6 Harbor Crest Ct	Halesite	\$1,350,000		41	4	2.5	UC
79 Summit Drive	Huntington	\$1,695,000		27	4	3	UC
4 Bay Crest Drive	Huntington Bay	\$1,649,000		29	5	3.5	UC
3 Kaiser Hill Road	Huntington Bay	\$1,595,000	\$1,738,000	7	3	3.5	SOLD
10A Crest Road	Huntington Bay	\$3,095,000	\$3,100,000	8	4	3.5	SOLD
8 Falcon Place	Huntington	\$949,000	\$947,000	13	3	3	SOLD
88 E Shore Road	Huntington Bay	\$3,200,000	\$3,150,000	20	4	3.5	SOLD
29 Northwood Circle	Huntington	\$849,000	\$915,000	14	4	2.5	SOLD
5 Wincoma Drive	Huntington Bay	\$1,899,000	\$2,100,000	11	5	3.5	SOLD
32 Taylor Road	Huntington Bay	\$1,249,000	\$1,269,000	8	3	2	SOLD

5 West Gate Road - \$6,500,000 - Lloyd Harbor

5westgate.com





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Welcome to 5 West Gate! This custom-built 8,000+ square foot estate sits on over two private acres in the prestigious village of Lloyd Harbor. Featuring 5 bedrooms and 7 full baths, this meticulously renovated home is in pristine, “brand new” condition. A four-stop elevator adds a touch of modern luxury. The fabulous chef’s kitchen, with 2 islands and a vaulted ceiling breakfast area, is the heart of the home. Adjacent to the kitchen are a large mudroom and a walk-in pantry. The heated three-car garage, with 12’ ceilings, is ideal for car enthusiasts, allowing for car lifts. For family gatherings and entertainment, the living room and separate bar room offer the perfect spaces for enjoyment. A covered bluestone porch connects the living space to a stunning hotel-style pool and patio area with an exquisite pool house.



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In Huntington, Douglas Elliman sells more than homes – we sell a lifestyle. And the Huntington Lighthouse is an icon in our community that we are happy to support with other philanthropic companies and individuals.